

# MARCH 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																				
<p><b>LUNCH CLUB 60</b>            Joan Howell            Village Park &amp; Club Rooms            149 East Main St. Palmyra            315-597-4015            Transportation Available on Mondays*</p>																																																																																										
6	7	8	9	10	11	12																																																																																				
Pork Chops w/ Gravy Peas & Carrots, Pears	Helping Hands Bingo @ 10:00	Turkey Tetrazzini Squash, Green Beans Peaches	Chili Salad, Jello	Ham, Boiled Potato Cabbage & Carrots Waldorf Salad	Stuffed Shells Spinach, Cauliflower Cookie																																																																																					
13 Daylight Savings	14 Sing a Long Chicken Parmesan Rottini, Green Beans Peaches Wellness @ 10:30 Bingo @ 10:00	15 Mac & Cheese Mixed Vegies, Cake	16 Chicken Dumpling Soup Turkey Pesto Wrap Applesauce Bunco @ 10:00	17 St. Patrick's Day Corned Beef Boiled Potato, Cabbage & Carrots Pistachio Pudding	18 Fish Tenders O'Brien Potatoes Coleslaw, Pears Dominoes @ 10:00	19																																																																																				
20 Vernal equinox	21 Meatballs w/ Sauce Shells, Mixed Vegies Fruit Bingo @ 10:00	22 Turkey ala King Brown Rice, Spinach Strawberries	23 Chicken Cranberry Wrap Minestrone Soup Carrot & Celery Stix Cream Pie Bunco @ 10:00	24 Pork Chops, Sweet Potates, Peas Fruit Cocktail	25 Fish Square Coleslaw, Peaches Dominoes @ 10:00	26																																																																																				
27	28 Turkey w/ Gravy Stuffing, Brussels Sprouts Pineapple Borneo Talk Bingo @ 10:00	29 Cheese Ziti Cauliflower, Fruit	30 Pulled Pork Cheesy Vegetable Chowder Apple Crisp Bunco @ 10:00	31 Meatloaf, Mashed Potatoes, Spinach Raisin Rice Pudding	Notes:																																																																																					
<p>February 2011</p> <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>Th</td><td>F</td><td>Sa</td></tr> <tr><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td></td></tr> <tr><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr> <tr><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td></tr> <tr><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td></tr> <tr><td>27</td><td>28</td><td></td><td></td><td></td><td></td><td></td></tr> </table> <p>April 2011</p> <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>Th</td><td>F</td><td>Sa</td></tr> <tr><td></td><td></td><td></td><td></td><td></td><td>1</td><td>2</td></tr> <tr><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr> <tr><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td></tr> <tr><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td></tr> <tr><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td></tr> </table> <p>M - F 9:30am-1:30pm Lunch @ 11:45 am</p> <p>Palmyra Site</p>							S	M	T	W	Th	F	Sa		1	2	3	4	5		6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28						S	M	T	W	Th	F	Sa						1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
S	M	T	W	Th	F	Sa																																																																																				
	1	2	3	4	5																																																																																					
6	7	8	9	10	11	12																																																																																				
13	14	15	16	17	18	19																																																																																				
20	21	22	23	24	25	26																																																																																				
27	28																																																																																									
S	M	T	W	Th	F	Sa																																																																																				
					1	2																																																																																				
3	4	5	6	7	8	9																																																																																				
10	11	12	13	14	15	16																																																																																				
17	18	19	20	21	22	23																																																																																				
24	25	26	27	28	29	30																																																																																				